

Life Quality Score Sheet

As developed by Dr. Xie and Dr. Preast

The Life Quality Score give us a way to systematically track quality of life factors for your pet. It allows to look at scores over a period of time, in order to make more informed decisions about your pet's care.

The Life Quality Score is broken into two main categories; the Life Activity Score and the Pain Score. **All factors are scored from 1-100, with 100 indicating no problems and 0 indicating maximum problems for the specified category.** The score should be done by the same person each and every time, to ensure greatest consistency.

Life Activity Score

Category	Score (0-100)
Mental Function (happy and alert is ideal)	
Activity level (active outdoors and/or indoors is ideal)	
Appetite (normal, enthusiastic appetite daily is ideal)	
Defecation (normal bowel movements, no accidents in the house)	
Urination (urination without difficulty or pain, no accidents in the house)	
Overall well-being (interact with other pets and people in the household)	
	Total:

Pain Score

Assess your pet's pain and rate 0-100 (0 being pain free)	
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Life Activity Score total - (Pain Score x 2) = The Life Quality Score

Interpreting The Life Quality Score	
>500	Excellent Quality Of Life
400-500	Good Quality Of Life
300-399	Moderate Quality Of Life
100-299	Poor Quality Of Life
Less than 100	Dismal Quality Of Life

Tabulating the Life Quality Score on a regular basis can help us make decisions about the effectiveness of your pet's care and the quality of your pet's life. Please consider following this format at bringing the results to your appointments at Dancing Paws.